

The Seven Sacraments

Baptism
Confirmation
Eucharist
Confession (Reconciliation)
Matrimony
Holy Orders
Anointing of the Sick

The Seven Gifts of the Holy Spirit

Wisdom
Understanding
Counsel
Fortitude
Knowledge
Piety
Fear of the Lord

The Twelve Fruits of the Holy Spirit

Charity
Joy
Peace
Patience
Benignity (Kindness)
Goodness
Longanimity (Long Suffering)
Mildness
Faith
Modesty
Continency
Chastity

The Six Sins Against the Holy Spirit

Presumption
Despair
Resisting the Known Truth
Envy of Another's Spiritual Good
Obstinacy in Sin
Final Impenitence

The Three Theological Virtues

Faith
Hope
Charity

The Four Cardinal Virtues

Prudence
Justice
Fortitude
Temperance