

## **The Seven Sacraments**

Baptism  
Confirmation  
Eucharist  
Confession (Reconciliation)  
Matrimony  
Holy Orders  
Anointing of the Sick

## **The Seven Gifts of the Holy Spirit**

Wisdom  
Understanding  
Counsel  
Fortitude  
Knowledge  
Piety  
Fear of the Lord

## **The Twelve Fruits of the Holy Spirit**

Charity  
Joy  
Peace  
Patience  
Benignity (Kindness)  
Goodness  
Longanimity (Long Suffering)  
Mildness  
Faith  
Modesty  
Continency  
Chastity

## **The Six Sins Against the Holy Spirit**

Presumption  
Despair  
Resisting the Known Truth  
Envy of Another's Spiritual Good  
Obstinacy in Sin  
Final Impenitence

## **The Three Theological Virtues**

Faith  
Hope  
Charity

## **The Four Cardinal Virtues**

Prudence  
Justice  
Fortitude  
Temperance